

Welcome to Mindstorm Monday!!

With Matt Logan, MA, MT-

Goals:

1. Learn strategies for building and using color chords
2. An approach for improving barre chords
3. Practice strategies

I. M7 M9 M11 SUS add⁹/sus²

ii. m7 m9 m11

iii. m7

IV. M7 M9 add⁹

V. 7 9 11 13 7sus sus

vi. m7 m9

vii. dim



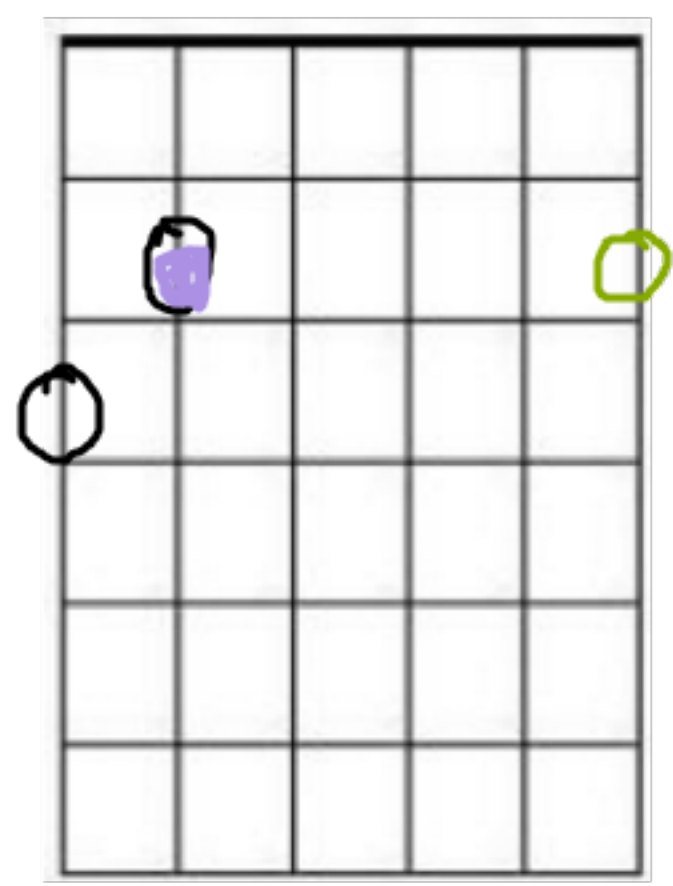
I vi ii V7

GM7

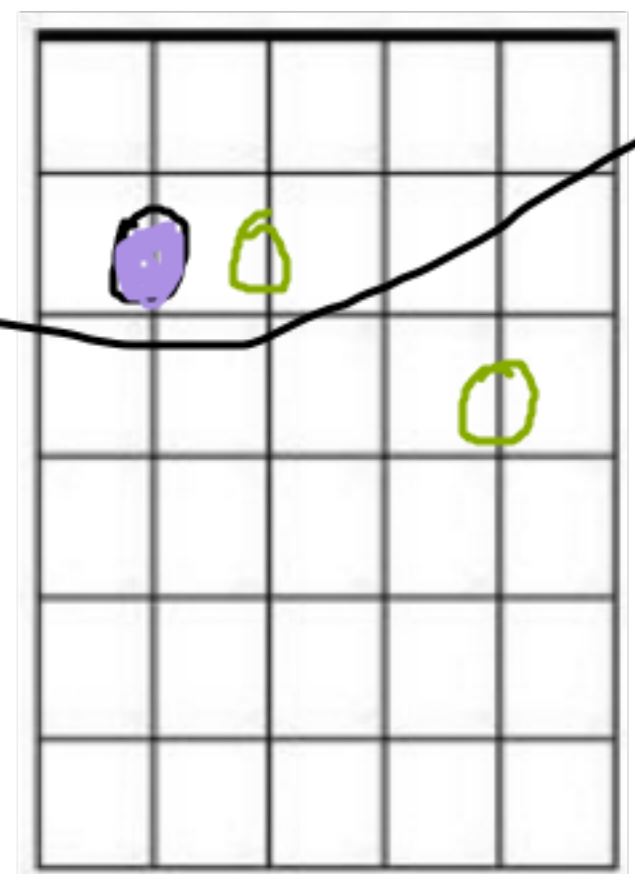
Em7

x Am7

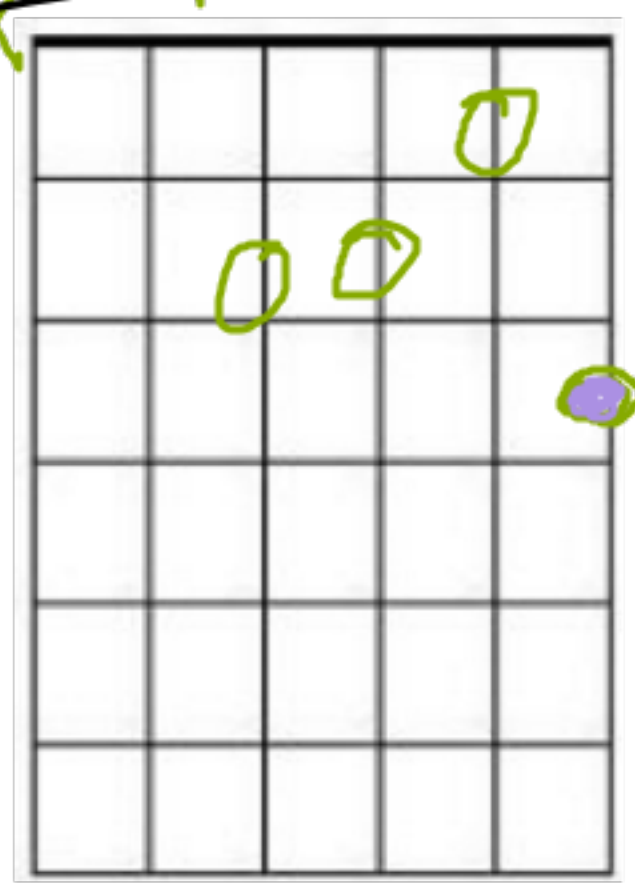
x x D7



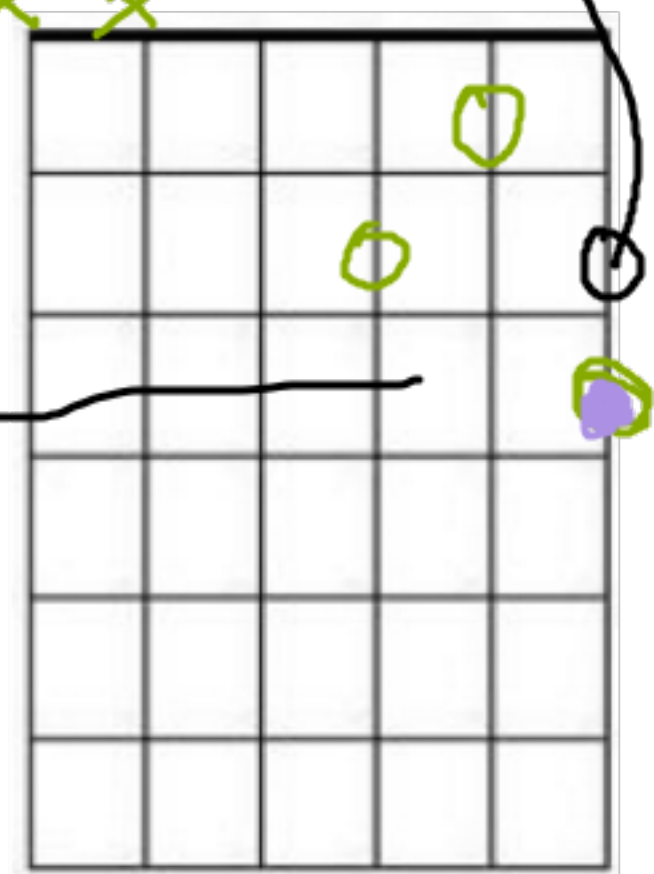
3 2 1



2 3 4



2 3 1 4



2 1 4

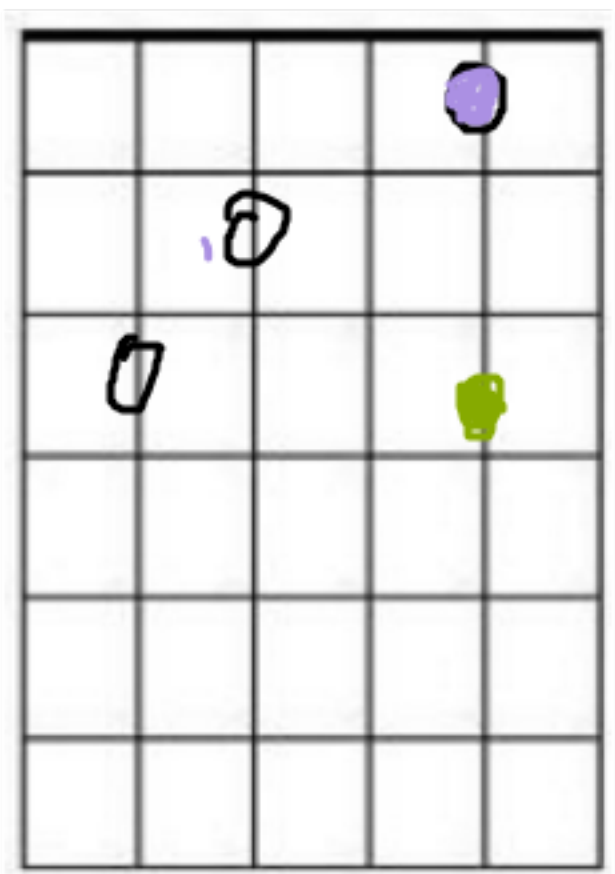
Cm7 Fm7 Am7 Gsus9

Cadd9

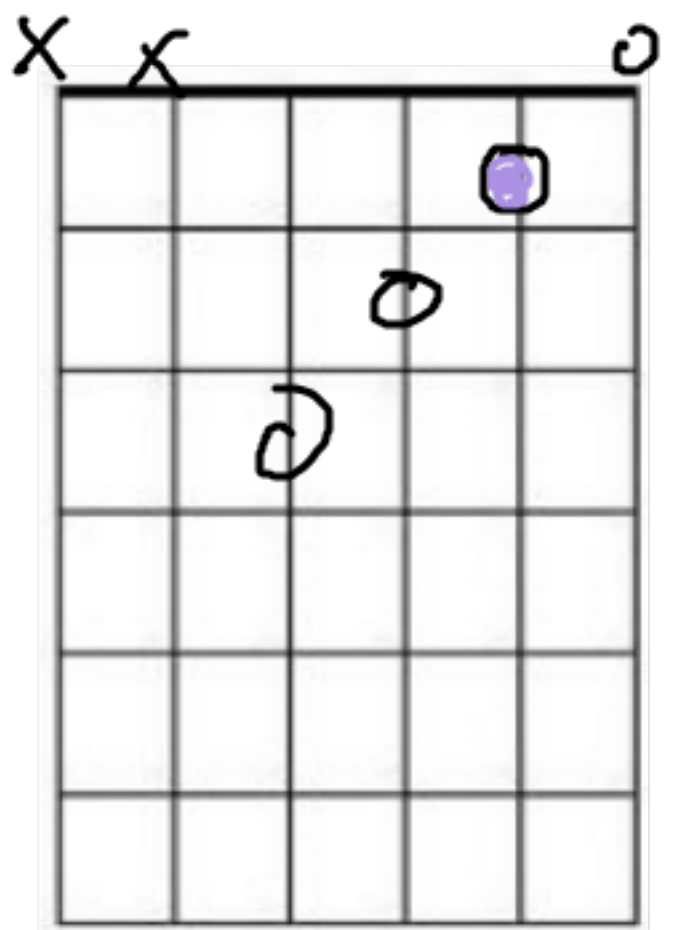
Fm7

Am7

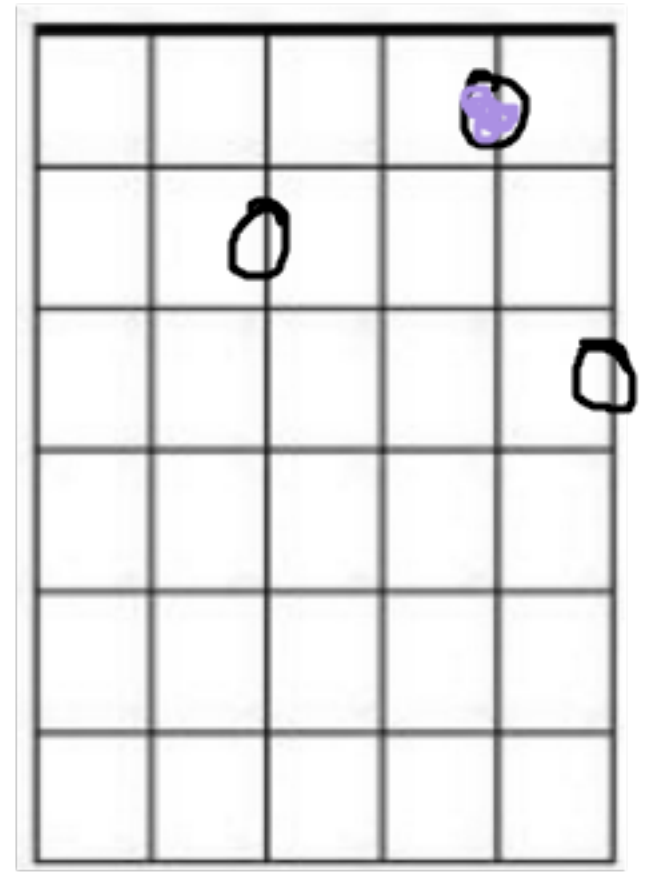
Gsus



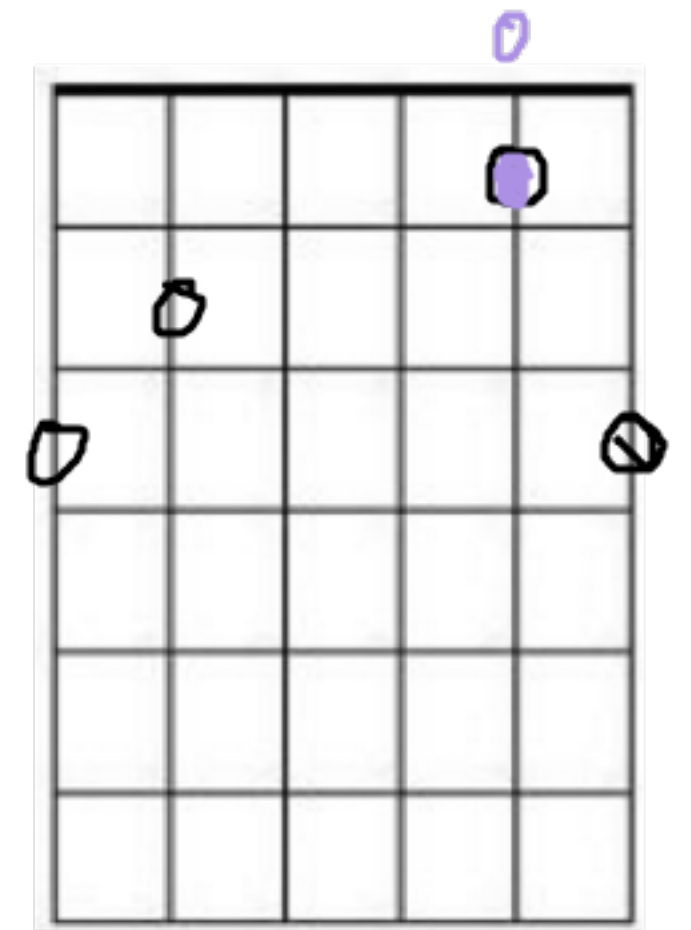
3 2 4



3 2 1



2 1 4



3 2 1 4

Chord Color Tone Exercises

G

C

A

D

E

Barre Chords

Considerations:

1. First knuckle placement
2. Play close to the fret
3. Doorknob, not lobster!
4. Only direct energy to the strings that need to be barred

Strategies for Constant Improvement

1. Specific Goals
2. Play With Recordings
3. Keep It Fun
4. Play Collaboratively
5. Get Help

Additional Resources:

Go to: MusicTherapySource.com/resources

Find: Barre Chord Companion, Color Chord My World, How to Switch Between Chords Faster, Guitar Club

Thanks! I had a great time with you all!



Reach me at matt@musictherapysource.com