

Lesson One – Part Two

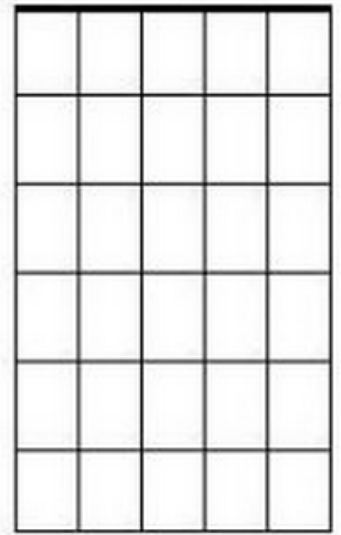
E-shaped Barre Chords

**Why is it called an E-shaped barre
chord?**

Major Barre Chord

Step One

Play open E major



Step Two

Use fingers 2, 3, and 4



Step Three

Move shape so 2nd finger is on 8th fret



Step Four

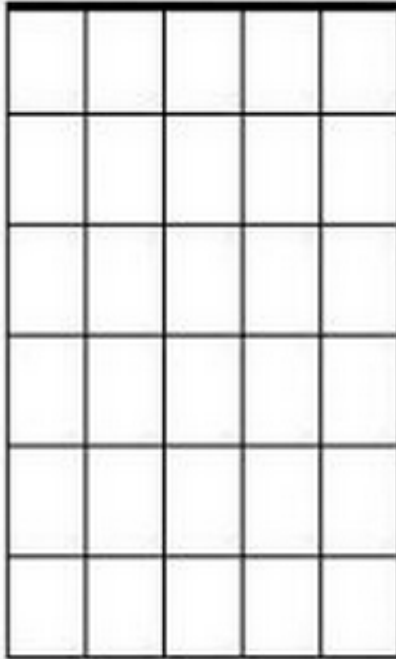
Use first finger to apply barre



STOP! Check:

- Close to frets?
- First knuckle?
- Doorknob?
- Tall fingers?
- Hugging guitar?
- Using arm strength?

Chord composition



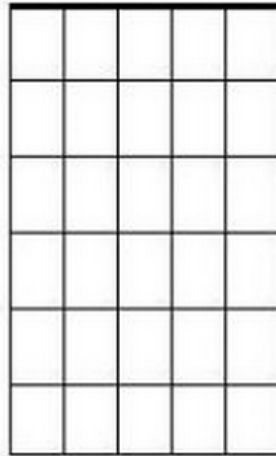
Exercise:

Gradually move this chord toward the nut

Minor Barre Chord

Step One

Play open E minor



Step Two

Use fingers 3 and 4



Step Three

Move shape so 1st finger is on 7th fret

Step Four

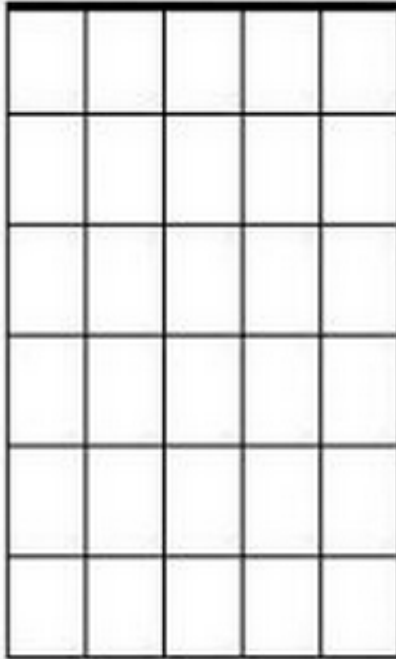
Use first finger to apply barre



STOP! Check:

- Close to frets?
- First knuckle?
- Doorknob?
- Tall fingers?
- Hugging guitar?
- Using arm strength?

Chord composition



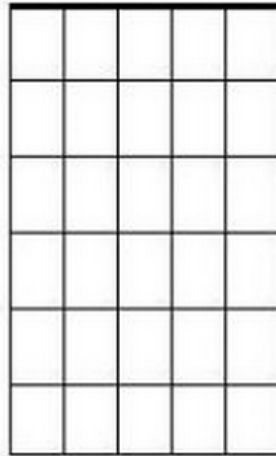
Exercise:

Gradually move this chord toward the nut

7th Barre Chord

Step One

Play open E 7



Step Two

Use fingers 2 and 3



Step Three

Move shape so 2nd finger is on 8th fret

Step Four

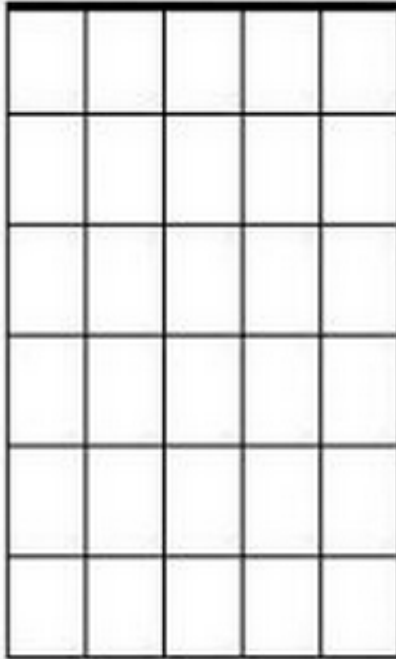
Use first finger to apply barre



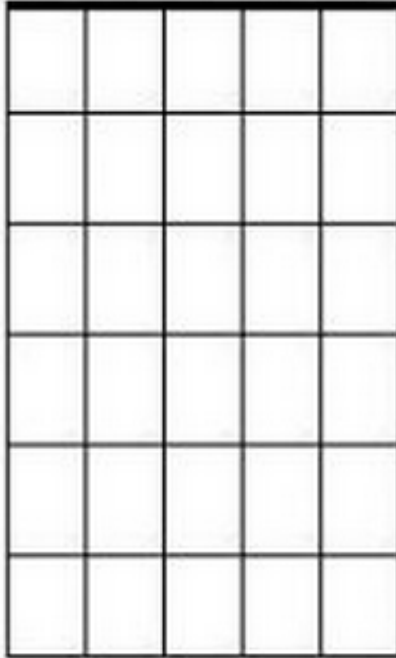
STOP! Check:

- Close to frets?
- First knuckle?
- Doorknob?
- Tall fingers?
- Hugging guitar?
- Using arm strength?

Chord composition



Chord composition (option 2)



Exercise:

Gradually move this chord toward the nut

Practice tips

- Go string by string
- Take breaks

Practice frames

